

NEET 2026 Chemistry: The 90-Day Roadmap to 180/180

CORE PRINCIPLES & WEIGHTAGE



NCERT is the Question Paper
(90% of Answers)



PYQs are Your Compass
(Use last 15 yrs Chapter-wise PYQs to Filter Study)

The 70% Power Duo



Section	Avg. Questions	Marks
Physical Chemistry	12-15	48-60
Inorganic Chemistry	14-16	56-64
Organic Chemistry	14-16	56-64

PHASE 1 (Days 1-30): SYLLABUS DOMINATION

Daily 6-8 Hour Practice & Revision Cycle

2hrs Concept PYQ 2hrs Error Log 1hr MCQ 2hrs Active Recall 30min

Days 1-10: Physical Chemistry Practice
Focus on Mole Concept, Atomic Structure, Thermodynamics; Conclude with 45-Q Practice Test

Days 11-20: Inorganic Chemistry Revision
Line-by-line NCERT revision of P-Block, Coordination Compounds; Conclude, Finish with 45-Q NCERT-based Practice Test

Days 21-30: Organic Chemistry Mastery
Focus on GOC mechanisms, Named Reactions in Aldehydes & Ketones; Conclude with 45-Q Organic Practice Test

140+ Marks
(Day 30 Target)

PHASE 2 (Days 31-60): REVISION & PYQ INTENSIVE



The Topper's Secret: The Error Notebook
(Log Question, Reason for Error, Correct Logic; Revise Every Sunday)

The 10-Day Revision Loop Days 31-50
(Two Full-Syllabus Revision Cycles)

Days 51-60
(One Final Weak-Area Revision using ONLY NCERT and PYQs)

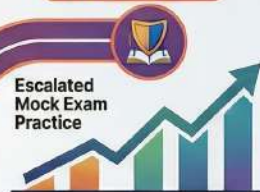
Score Meter



Twice-Weekly Mock Practice
(Take 2 Full Chemistry Mocks/Week to Diagnose Silly Mistakes & Formula Lapses)



PHASE 3 (Days 81-90): TEST WAR MODE



Days 61-70 (3 Mocks/Week) **Days 81-88** (6 Full Mocks/Week to Build Exam Stamina)



Strict "No-New" Revision Rule
(Final 30 Days: Practice ONLY from NCERT, PYQs, Error Notebook)

Day 89-90: Final Review & Rest
(Light Revision Day 89, Complete Rest Day 90 for Peak Confidence)



SUCCESS REQUIRES ZERO TOLERANCE FOR CONCEPTUAL ERRORS AND RIGOROUS ACCURACY. FOLLOW THE PATH TO DOMINATE NEET CHEMISTRY.

NEET 2026: The 10-Hour Daily Mastery Blueprint

Clear, actionable daily routine: Balanced study, practice, & recovery for NEET 2026 aspirants.

06:00 – 12:00 | Morning Mastery (Bio & Chem)



Biology: Study concepts line-by-line from NCERT.



Chemistry: Follow with Chemistry theory & PYQs.

Strategic Success Pillars

The AIR-1 Non-Negotiables

- ✓ **Biology/Chemistry** require word-to-word NCERT mastery.
- ✓ **Physics** requires concept-driven numerical practice.

The AIR-1 Non-Negotiables

- ✓ **Error Notebook Over New Books:** Prioritize recording & reviewing mistakes in a dedicated notebook.

The 3-3-3-1 Time Split

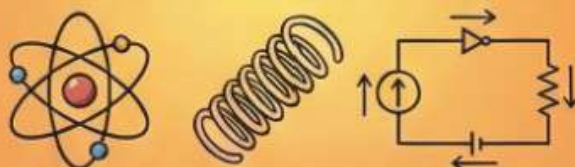
Biology:
3 Hours

Chemistry:
3 Hours



Review & Planning:
1 Hour

14:00 – 17:30 | Evening Power (Physics)



Physics: Focus on Mechanics & Electrostatics using the Theory → Derivation → Numericals method

19:15 – 22:00 | Nightly Consolidation

Botany

Zoology



Revise opposite subjects (Botany/Zoology) & plan tomorrow's targets.



Plan tomorrow's targets before sleeping by 10 PM for recovery.



NEET CHEMISTRY PYQ FREQUENCY ANALYSIS

(Based on Last 15 Years)



PHYSICAL CHEMISTRY (~12-15 Questions)

Chapter	Avg Q / Year	Priority
Mole Concept	1-2	★★★★★
Atomic Structure	1	★★★
Thermodynamics	1-2	★★★★★
Solutions (Colligative)	1-2	★★★★
Ionic Equilibrium	2-3	★★★★★
Electrochemistry	2-3	★★★★★
Chemical Kinetics	1-2	★★★★



INORGANIC CHEMISTRY (~14-16 Questions)

Chapter	Avg Q / Year	Priority
Periodic Table & Trends	1-2	★★★★★
Chemical Bonding	2-3	★★★★★
P-Block (Groups 13-18)	4-5	★★★★★
d-Block Elements	2	★★★
Coordination Compounds	3-4	★★★★★
Practical Chemistry	2-3	★★★★



ORGANIC CHEMISTRY (~14-16 Questions)

Chapter	Avg Q / Year	Priority
GOC + Isomerism	2-3	★★★★★
Aldehydes & Ketones	2-3	★★★★★
Alcohols, Phenols, Ethers	2	★★★
Amines	1-2	★★★
Biomolecules	2	★★★★



* MOST ASKED

- ✓ Ionic Equilibrium
- ✓ Chemical Bonding
- ✓ P-Block & Co-ordination



QUESTION TYPES

- 35% NCERT Line
- 40% Conceptual
- 25% Numerical



* AIR-1 TIPS

- ★★★★★ = Mastered
- ★ NCERT First
- ★ 3x Revision Rule